

NEWBURY VELO

Annual General Meeting 2023

Wednesday 13 December 2023; 20:00

Minutes

Rachael Elliott
Kevin Hurley
Lisa Boorman
Simon Bowden
Ian Greenstreet
Melanie Sneddon
Andy Jones
Chris Dace
Helen Dace
Lizzie Lock
Mark Newlands
Mark Genko
Mark Chance
Andy Hockedy
Gillian Hurley
Graham stent
Duncan Coe
James Bashall
Fragkiskos Vellis
Gary Cook

1. **Apologies for absence**
James Avison
2. **Approval of minutes for the 2022 AGM**
Approved
3. **Brief discussion of annual reports; Q&A**

3.a.	President	Kevin Hurley	3
3.b.	Chair	Rachael Elliott	4
3.c.	Racing	Rachael Elliott	6
3.d.	Communications	Andy Jones	8
3.e.	Participation	Chris Dace	10
3.f.	Coaching	Melanie Sneddon	15
3.g.	Welfare	Simon Bowden	17
3.h.	Social	Lisa Boorman	20
3.i.	Kit	Simon Bowden	22

Reports approved

4. **Treasurer report/approval of 2023 accounts** **Ian Greenstreet**

Accounts were approved and auditor reappointed

5. **2024 Committee Elections** **26**

New committee (see list below) was approved in a single vote.
In the meeting it was agreed to add role of Vice Chair to Motion 1.

7. **Motions submitted for vote** **27**

All motions unanimously approved.

Action (SB) Do we need to add Gary Cook to official constitution as safeguarding deputy?

8. **Member questions and feedback**

No specific feedback received except total satisfaction!

Rachael encouraged any feedback in order to help us improve as a club.

AJ thanked Rachael Elliott for all her work as chairperson and wished her well for 2024 in her tandem adventures internationally.

From the President Kevin Hurley

The club continued to go from strength to strength in 2023 with a full ride program and just under 300 members.



I'd like to thank all the committee members for giving up their spare time to keep the wheels turning. Rachael Elliot and Lucy Cornes deserve a special thanks as they both step back to concentrate on other things, in Rachael's case, the Paris Olympics! Good luck Rachael, the club is behind you in 2024.

I'd also like to thank you, the members. We enjoyed running races, tours, pub nights, cycle jumbles, classic cycle events and maintenance evenings for you in 2023. Beyond that, we never forget that this club was set up to make cycling more inclusive in West Berkshire. To this end, we have expanded the number of British cycling qualified coaches and continue to run our successful kids coaching evenings at Henwick. Our tandem program has also been a big success this year and we have run 2 days for sight impaired kids from Berkshire Vision at Henwick. Both the kids and the tandem pilots found the day a profound experience and had a fantastic time. It's you, our members, that enable us to run the coaching and tandem day, so thank you once again.

As for 2024, I'm very happy to see new members coming to strengthen the committee and look forward to more cycling fun in the next 12 months.

Kevin Hurley
president@newburyvelo.cc

From the Chair, Rachael Elliott



As we enter into towards Newbury Velo's fifth year, we continue to go from strength to strength with some fantastic new developments over the course of the year. I am proud of the work of the committee over the course of the year who have brought new initiatives to life, as well as bringing life into some of those we've had around for a while.

Firstly, I would like to thank **Lucy Cornes** for her work as secretary during the year, balancing the duties whilst conducting a hugely busy life schedule (including the care of our "Boss", **Margot Cornes** – who has made great strides in the club coaching this year!). Lucy's action tracker made meetings much more organised, even if it might have been difficult to get the whole committee together at the same time! I couldn't thank Lucy without also thanking **Rick Cornes**. Rick transformed the club website this year, enabling it to be updated by committee members, and not having to rely on a single person.

For me, highlights of the year have been seeing the coaching arm of the club go from strength-to-strength, with **Mel Sneddon** being in the driving seat. The coaching has now grown to full capacity, with four groups now turning up on Tuesday night for coaching (from balance bikes through to young teenage racers). Thank you to everyone who has devoted their time to this this year, as well as all the children who turn up. It certainly is the highlight of my week!

One of the main developments of the year has been getting together the tandem riding for visually impaired children. **Kevin Hurley** has taken the helm of this and, with the help of **Mel Sneddon**, has devised a coaching programme for tandem pilots, as well as creating a bond with the local charity for blind and visually impaired children and adults, Berkshire Vision. Berkshire Vision's children have joined us for two sessions now and are very hungry for more!

Elsewhere, **Simon Bowden** has demonstrated his eligibility for London Fashion Week by launching a brand new line of casual kit, as well as managing the club kit side with Kalas. He's also stepped up in his safeguarding role, expanding it to become involved with British Cycling on a national level.

Time trials have also continued to be a success this year, with **Andy Tucker** aptly handling the club's open 10-mile time trial near Oxford. For club events, I'd like to thank **Ian Greenstreet** for giving his time, week-in, week-out, helping me timekeep at the club time trials. A big thank you to all members who have helped with time trials this year, with some helping out on multiple occasions. *We do need more help though* (this will be discussed in further detail below).

I think two of the busiest members of the committee this year have been **Chris Dace** and **Andy Jones**. Both have put their heart and soul into managing the club runs, with some rides (such as the Mochaccino and the Macchiato) seeing a rapid rise in numbers over the year. Chris' work with devising a ride leader training pack has also seen us welcome more and more ride leaders this year, too. **Andy Jones** has used his dry humour to make ride leading a fun task this year, but has been instrumental behind the scenes recently with helping to run the club as my life started to overwhelm me. Thank you both of you.

On that point, I am going to step down from the Chair position this year, although will remain part of the committee. After waiting nearly six years for an opportunity to ride tandem with the GB team this year, I have had some exciting new developments recently which means I should get the chance to ride internationally next year, with an outside shot at the Paris Paralympics. Sadly, I'm no spring chicken, and am unable to get funding from British Cycling. Therefore, I need to devote time this year to getting to velodromes as much as I can, and trying to develop as much as I can in the next few months to get a look in at selection. Whatever happens, it'll be a fun journey.

Finally, thank you to everyone who has given their valuable time both supporting the club and coming out to rides and events. We wouldn't be a club if people didn't ride, so please keep the wheels spinning in 2024.

Rachael Elliott

rachael.elliott@newburyvelo.cc

Racing Update, Rachael Elliott



2023 saw another year of successful racing for Newbury Velo, particularly on the time trial front. We continued our themed events at Monday night time trials which have continued to drag in the crowds – almost certainly on the promise of silly prizes and cake (most TTs saw nearly every rider win a prize!).

Nationally, rider numbers dropped significantly this year at events but, as like last year, we have stemmed the drop off with numbers more or less holding steady. This was even with many events being called off due to the La Niña weather phenomenon causing us to enjoy stupendously high rain volumes this year. We have worked hard to ensure that our time trials attract a range of cyclists, from total beginners on mountain bikes to national champions riding the highest end time trial bikes. Prizes are awarded at each club event with categories rewarding rides across the field, not just those who pedal the fastest.

Race Performances

We are going to note some of the outstanding race performances that have come to our attention this year. Again, apologies if you are left off this list, but please let us know and we'll make sure you get a mention at the awards evening in the new year. Here are some of our featured performances:

Andy Tucker and **Rick Cornes** had their most successful year on the tandem, demolishing the men's tandem 10 mile and 25-mile records in times of 19:13 (31.2mph) and 30:11 (19.8mph) respectively. Andy also rode a 100-mile time trial on a tough course in Sussex on his solo TT bike, notching up a time of 4:13:07 to finish eight on the day.

Our talented triathlete, **Kerry Hickson**, continued to break the record books this year, with her time of 33:55 breaking the women's club 15-mile record. Kerry also broke her own 25-mile club record, recording a time of 58:37 to finish on the podium of the event promoted by Farnborough and Camberley CC.

It has been great to see so many riders participate in open time trials this season, some with excellent performances. **Andy Tucker** has put in some solid 20:XX times for 10 miles, whilst **Thomas Bennett** quietly broke the club's juvenile 15 mile record with an excellent time of 38:24. Others who took part in solo open events this year included **Graham Morrison**, **James Evans**, **Michael Bowering**, **Nigel Brown** and **Steve West**.

The tandem pairing of **Ian Greenstreet** and **Some Woman** have broken a number of national age records this year and have remained unbeaten throughout the year -

including racing against male pairings and winning the Tandem Tart 10-mile event in the New Forest – which attracted a record 30 tandems! And on the track, powered by just herself without any need for a pedalling partner, huge congratulations to **Mel Sneddon** who won a silver medal in the women's national masters 45-49 cat 500m TT.

Cyclocross is also proving more popular this year, with more and more pink shirts grabbing the spotlight! **Katie Reynolds** is flying the velo flag in the Wessex League league standings (women), with **Rog Davis**, **Martin Colston** and **Peter Richardson** excelling in the V50 league. Our highest placed velo rider is mud-extraordinaire, **Charlie Elsey**, currently sitting at ninth position in the V60s. Amongst the senior men, **George Westall** and **Scott Richardson** are putting their time in on the dirt., put in a scorching performance in the under 12s as well. **Scott Richardson** was sadly marked as a DNF in the senior race. **Charlie Elsey** is our most regular flag flyer for Newbury Velo, and **Kurt Wallin** has also been toeing the line this year too. It's also been fantastic to see some of the children from our coaching group racing, **Luca Meir** racing strongly, **James Atherton** currently fifth place in the U12s, and **Walter Hughes** showing his prowess for dirt in the U8s.

Aside from the results, I'd also like to give a massive thanks to **Charlie Elsey** for once again hosting a round of the Wessex League with huge success. Thank you to everyone who volunteered their time to help out.

These might be the featured names, but there were SO many good performances this year, with many dabbling in racing for the first time. We hope you've well and truly got the bug, and PLEASE let us know of any results we should be aware of.

Volunteers

Our events could not have happened (and we truly mean that!) if it wasn't for the volunteers that help at our events - most of which are not time triallers themselves. If you'd be interested in helping at events next year (they are hugely social and you get cake afterwards!) then please let me know. We are particularly looking for people to step up to help timekeep events this year (a simple job, but we need others to help on occasion).

Thank you to everyone who has been part of our events this year and, if you haven't, come and try it next year. I can pretty much guarantee it'll be far more fun than you think!

Rachael Elliott

rachael.elliott@newburyvelo.cc

Communications Update, Andy Jones



There are a few quotes that I like on the subject of communication, but the one that I've tried to adhere to during my Communication Lead tenure is from Nat Turner :-

“Good communication is the bridge between confusion and clarity”.

I've tried to achieve that goal across two channels: -

1. Email with the weekly newsletter
2. Facebook updates

The Club has 280 members, ranging from the juniors (U12s) to the slightly more senior seniors. To ensure that we adhere to GDPR requirements by not keeping personal data, the newsletter distribution list is freshly cut from our latest member list on the British Cycling website each week. As that list does include a wide span of ages, we need to make absolutely sure that all newsletter content is age appropriate (which is why a certain Cycling Rule hasn't been published this year!)

Similarly, most of our members have access to our members only Facebook page so we keep a constant eye on it to ensure that content adheres to the Club's standards. I am delighted to report that all those Facebook updates have been friendly, interesting, balanced and engaging with no intervention required, and even the less observant of you would have noted that it is that content which is the main feed for the newsletter, albeit in abbreviated form. Our members only Facebook page continues to be self-regulating, so thank you all for keeping it that way.

As well as shameless Facebook copying and pasting, I've been pleased to include newsletter content from club members who have written to the Comms id: thus, we've had updates on charity rides, runs and swims, our Berkshire Vision tandem collaboration, cyclocross and mountain biking, all of which have generated interest throughout the Club.

Surprisingly, it was a whim of an idea that has generated the most fun interaction – the weekly cycling rules – where I have been delighted to get feedback on email, on group rides and also from Velo members as we run the Newbury ParkRun! Communication is, after all, a two-way process, and any feedback is good feedback, even if it is Mark Chance complaining about metric ride distance measurement!

Our public **Facebook** page is one area where I feel we could do more to promote the Club. We have 1,944 "followers", but the page isn't updated as much as I'd like as I have been very aware of sharing personal information – which could include being able to identify someone from a photograph – without permission. Work to be done here and on other external channels in 2024. With James now back on board, my temporary stint at the helm is over and I must say that I've enjoyed myself and learned a lot as well. Facebook was a tool to be avoided at the beginning of the year, but it isn't quite as "out there" as I thought. Now it's time to put the Cycling Rules book back on the shelf and let someone who knows what they're doing take over.

Hopefully you haven't been confused this year and I have achieved my goal!

Andy Jones
comms@newburyvelo.cc

Participation Update, Chris Dace and Andy Jones



The club has put a tremendous effort into providing opportunities for everyone to get on their bikes and ride in 2023. By 'the club', we mean you! Specifically, all those members who facilitated a ride of any kind during the year.

First, a tribute to **Craig Gardner** who stepped down from the participation role at the end of last year.

Anyone who remembers 'life before Spond' knows how much time Craig put into manually organising group rides on top of all the other duties that come with the role. Thanks again Craig and we hope you've been able to spend some of those extra hours in your week with your new son.

Ride leaders

Continuing the theme of giving thanks, an expression of gratitude to the ride leaders who enable groups of riders to go out, have fun, and return home safely. Even if you only led a single ride (and many leaders led multiple rides) this year, **thank you**; your efforts are hugely appreciated.

We are lucky to have a pool of around 30 ride leaders, but we are always keen for more. That's one of the reasons why we have developed ride leader training materials to help leaders deliver a safe, fun and consistent group ride experience.

Evening training sessions were run in June and November, which were attended by both new and experienced ride leaders. The skills training was supplemented by first aid training, kindly sponsored by **James Avison's Minim Healthcare** business. We will aim to repeat these sessions during 2024 to help bring new ride leaders on board and keep everyone's skills up to date. The 'round table' format ensures we all learn from each other's experiences.

Ride leaders make such a crucial contribution to the club that we wanted to ensure we understand what motivates them to put the effort in to leading rides. To do that we ran a short survey in April. This confirmed what we suspected; they lead rides for reasons of personal satisfaction, to give something back and to develop new skills.

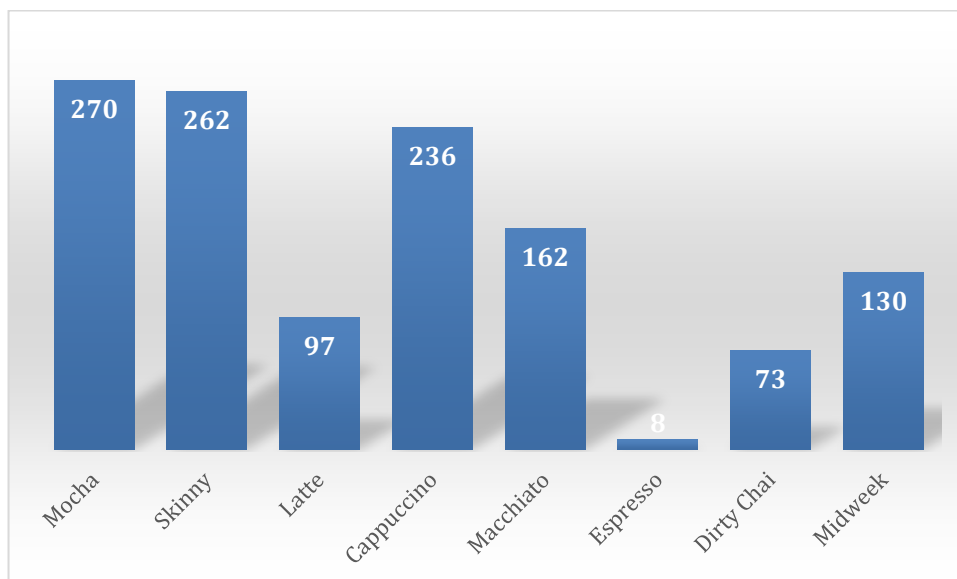
Ride leaders also want to be acknowledged for what they bring to the club. They don't want ride leading to become a burden by feeling they have to lead week after week. By bringing more leaders on-board we can share the load, ensure group riding is sustainable and deliver more varied rides and routes.

Some leaders expressed a desire to be able to volunteer for rides more than a week ahead, so in May we also launched a simple booking system using the 'polls' feature within Spond.

Group rides

Riding in a group delivers significant benefits to our health and wellbeing. These include getting physical exercise/training, enjoying the great outdoors whatever the weather, having social contact and making new friends – and of course consuming coffee and cake! The format of our regular Sunday rides, which finish with an optional café stop (rather than stopping halfway round the ride), gives riders the option to get home well before Sunday lunch.

So how did you all do this year? Pretty well it seems. You completed 1,108 Sunday rides during 2023 (excluding December), which is about **a 23% increase on 2022**. On top of that you can add 130 midweek rides, several Saturday 'Steel is real' rides, as well as some Thursday chain gang sessions.



Group ride popularity

Given that it can be challenging to deliver a full set of ride options every week, we have considered whether we are offering too many. The data above makes a case for withdrawing the (superfast!) Espresso ride based on attendance this year. It's worth noting that group ride popularity shifts over the course of the year. For example, some riders are happy to ride at Latte pace on their winter bikes at the start of the year and then progress to Cappuccino pace as the road conditions, weather and their fitness improves.

Talking of **progression**, we'd like to highlight the achievement of one of our female riders who was riding with the Mochas at the start of 2023 and finished the year riding with the Cappuccino group. It's no coincidence that she has also attended 39 rides – only one other member matched that number. This story is proof that our group ride structure will support you if getting faster is your aim – and, of course,

you're willing to spend the time in the saddle. And if a great social ride is your sole aim, you can do that with Newbury Velo too.

Wednesday **evening rides** proved popular over the summer and, again, kudos to the ride leaders who rotated responsibility to plan and lead suitable routes and adjusted the ride speed appropriately to suit the group.

As the weather improved, we offered some longer '**extra shot**' rides, typically 100km+, with a mid-ride café stop for those riders who wanted to up their endurance training.

The club's **steel frame enthusiasts** enjoyed several Saturday excursions that usually culminated with fish, chips and beer at the Red House in Marsh Benham. Such is their passion to embrace the steelie culture they have adopted their own Newbury Velo vintage kit!

One group ride that didn't reach its full potential this year is the Thursday **chain gang**. Only one (fast) group ventured out and average attendance over the summer was just 2-3 riders, which is not a big enough group to get the full training benefits. If demand is there, the opportunity next year is to run a slower group that focuses on developing the 'through and off' skills needed to ride confidently in a chain gang – something the club has managed to support in previous years.

Zwift

The Zwift Racing League is a popular option for members who want to experience virtual racing through dark winter months. This year we have 36 members signed up for Tuesday evening racing in Cat B, C and D teams.

Dirty chai (Off-road)

The club's 'inclusivity' mission means that we want to offer options for all cyclists, not just 'roadies'. While we managed to run some very successful off-road group rides this year (including a joint ride with Marlborough CC and a New Forest day ride), the Dirty Chai hasn't established itself as the regular weekly fixture that we hoped it would.

Leading an off-road ride does require a little more from the ride leader; they need to be very familiar with the route and that usually requires riding it in advance of the scheduled group ride. There are a good number of experienced off-roaders in the club, and gravel riding away from traffic is growing in popularity, so there should be regular takers for DC rides. We also get regular enquiries from prospective members who want regular off-road group rides.

We believe that off-road has great potential within Newbury Velo. With more focus we can build momentum for participation.

Upper Thames Valley Audax

About 10 members were persuaded by Club President Kevin Hurley to sign up for the Upper Thames Valley Audax, a total ride distance of 215km (it seemed like a good idea at the time). An Audax is a self-supported ride where participants follow a route and collect Brevet card stamps or other proof that they've ridden the route. However, on the day the weather could not have been any worse and only five hardy members made it to the start line. While the UTV was a great event, there is talk of identifying a summer Audax next year for members to properly enjoy the Audax experience.

Berkshire Vision tandem piloting

Club chair Rachael Elliott and President Kevin Hurley brought their organisational superpowers to the fore to finally get the tandem piloting project off the ground. The club coaches, led by Mel Sneddon, designed suitable training (because nothing like it existed) and delivered it for the pilots.

We then hosted visually impaired youngsters (and their parents) from local sight loss charity Berkshire Vision. On two separate days we were able to offer safe and enjoyable rides, away from traffic, at Henwick Playing Fields.

Thank you to all the pilots and coaches who gave up their time to support this initiative. It's hard to put into words what this project means for everyone involved. We can confidently say that piloting these young people was the highlight of our cycling year. Such was the success of this initiative, we're hoping to take it up a notch next year.

Member satisfaction survey

Always keen to understand members' wants and needs, we ran a club-wide survey in July. The questions were based on the [Net Promoter Score](#) (NPS) approach – a standardised way to measure customer satisfaction that we can repeat in future years to ensure we continue to meet members' needs.

NPS gives a numerical score on a scale of -100 to 100; Newbury Velo scored a highly credible 71. To give this some context, scores above 50 are considered excellent, while Strava's NPS is 26 and Zwift's is 30.

We also asked you why you gave the club this score. The word cloud below summarises the words you used to describe the club.

Coaching, Melanie Sneddon



We're very lucky have an enthusiastic and capable coaching team within Newbury Velo, and as a result, our headlining Tuesday evening sessions have gone from strength to strength throughout the year. The number of children attending these sessions continues to increase, swelling to 45 children in all (from 2.5 years to 12 years old), spread over four groups from those riding balance bikes to those wishing to race. It's been fantastic to see the development of every rider and their progression to the next group.

There are now eight qualified coaches in the club (three newly qualified in 2023), with an additional three due to start their coaching qualifications in January 2024 and one more looking to start their Junior Assistant qualification. As the popularity of the sessions continues to grow, we'll be looking for more helpers in 2024, with the added carrot that Newbury Velo may be able to sponsor coaching qualifications.

The weather during the summer term and through the Christmas term has generally been kind to us, with very few sessions cancelled owing to weather conditions. The club has invested in some floodlights to allow coaching to continue with the darker evenings. After a couple of brutally cold sessions, we made the decision to finish for the year on 28th November; it has been agreed that coaching will recommence after the February half term, when the weather is a little warmer.

During the summer holidays, not to be outdone by stories of amazing tours across the country by the older club members, we arranged the 'Junior Tour de Savernake'. This was a huge success, with everyone enjoying riding the many forest trails, no doubt incentivised by the regular picnic and fudge stops! We'd like to arrange more of these during 2024 with the aim of getting children out cycling with their friends and experiencing different adventures whilst using their newly acquired skills.

Aside from the Tuesday coaching programme, 2023 has been a busy year for the coaching team. We've also been involved in providing adult mountain bike skills sessions, training for tandem pilots, and a hugely successful day with members of Berkshire Vision.

Looking forward to 2024, as well as hopefully adding to our roster of coaches and helpers, there are several other ideas we're considering. Following a recent enquiry, we would like to explore the idea of providing cyclocross coaching for adults and juniors. We will also review the proposal to offer road group-riding skills sessions. This

was discussed at the 2022 AGM and a session was subsequently arranged; however sadly there were no takers. Perhaps with a different format, it might be of interest. We will also be offering mountain bike skills sessions for adults and children based at Greenham Common.

I'd like to thank every member of the coaching team who have worked tirelessly, week in, week out, to produce some amazing sessions for children of all ages and abilities. Behind the scenes there is a huge amount of organisation and discussion that goes into these sessions to allow children to progress in a fun environment. To see their smiles at the end of each session and for them to come back every week is what it's all about. Thank you to Kevin Hurley, Caroline Lane, Lisa Boorman, Alex Meir, Lizzie Lock, Rachael Elliot, Ian Greenstreet, Beckie Hamilton, Andy Jones, Mark Genko, Tom Meir, David Hill and Arabella Sneddon. Thanks also to Henwick for allowing us to use their grounds.

Melanie Sneddon
coaching@newburyvelo.cc

Welfare update, Simon Bowden



I have been serving as the Club Welfare Officer since October 2022 and have successfully completed all the necessary British Cycling qualifications. As a Club Welfare Officer, my primary responsibility is to ensure the safety and well-being of children and young people within the club. I am responsible for developing, reviewing, and promoting the club's safeguarding policies and procedures. Additionally, I act as the key point of contact for any concerns related to safeguarding within the club. Whether raised by coaches, members, or anyone with a concern, I am here to address concerns and ensure that the necessary actions are taken.

Our adult and children's safeguarding policies have been published in the last twelve months and are available online for anyone who wants or needs to view them. To ensure the safety of our members, I have reviewed our BDS status with British Cycling and maintain a record of all our DBS-checked coaches and other positions that may involve contact with children or vulnerable adults. In line with British Cycling policy, the DBS clearance is renewable every three years, and we will soon begin the first round of renewals.

I have collaborated with our coaching team to ensure that children's trips are well-organized, and we have obtained the necessary parental consent for their attendance and participation.

Over the past twelve months, I have addressed two welfare concerns with members. Both involved adults and were minor issues that did not require formal referral to British Cycling or intervention by the club executives.

Apart from serving as the club welfare lead, I also participate independently in the British Cycling Safeguarding Board and will chair some board meetings in the coming twelve months.

As a Go-Ride club, we have higher qualification requirements for our Welfare Officer than an ordinary club. I have attended several courses to meet these standards, including Sports Coach UK-accredited Safeguarding and Protecting Children, British Cycling's safeguarding course, and the Time To Listen course. These courses have equipped me with the knowledge and skills to understand safeguarding issues in a sport-specific context, handle concerns appropriately, and access extra support and signpost to other services if needed.

I am here to listen, advise and take necessary action to help the club ensure the confidentiality of all children and vulnerable adults, especially when dealing with sensitive issues. We aim to assure every parent and club member that their welfare is our top priority.

Key Points of effective club welfare:

- The Welfare Officer should advise and support club officers and committee to implement welfare policies adhere to codes of conduct, and good practices. They should advise and support club officers on responding to suspected breaches of Welfare Procedures.
- It is important to ensure that all coaches, helpers, and volunteers associated with the club have completed a volunteer recruitment process, including volunteer reference forms and DBS checks where applicable. They should also assist in ensuring that this process is completed promptly. An annual audit of all volunteers will be conducted to verify that everyone is up-to-date with training and DBS checks, as well as their training needs, policy awareness, and understanding. I am responsible for ensuring a process within the club for auditing DBS checks and UKA Licences of all relevant Coaches, Officials, and Volunteers to ensure that they are regularly updated (every three years).
- It is important to report any concerns about child abuse immediately to local children's social care services or the police for advice, especially if a child is at risk.

How to raise a concern about a child or an adult at risk at the club

If a child or an adult at risk is in immediate danger or at risk of harm, the police should be contacted by calling 999.

Where a child or an adult at risk is not in immediate danger, any concerns about their well-being should be made without delay to the Club Welfare Officer. The Club Welfare Officer will pass the details of the concern on to British Cycling's Safeguarding Team at the earliest opportunity, and the relevant local authority and the police will be contacted, where appropriate. If the person reporting does not feel comfortable raising a concern with the Club Welfare Officer, they should contact The British Cycling safeguarding team online.

https://www.britishcycling.org.uk/clubs/article/bcst_Safeguarding-Children

Over the coming weeks and months, I will review all of our safeguarding policies and risk assessments with the committee and develop some safeguarding e-cue cards that members can use in case of any concerns, as well as update the welfare content of the website.

In the meantime, please do save my contact email number in your phone – 07880
707073

Simon Bowden
welfare@newburyvelo.cc

Social update, Lisa Boorman

This was a new committee role created for the 2023 season and is still in its infancy, however we have had good turn out at socials this year, and plans for next year are to develop these further, with more events planned for club members and their families. Below are the highlights of the Newbury Velo 2023 Social Calendar, and some teasers for the coming year.

Pizza and Beer night

This event kicked off the socials this year, and gave us a good idea of the healthy appetite in the club for social gatherings. We had exclusive use of the Bakers Lounge in the centre of town, and for the price of £15pp, members got to enjoy a drink on arrival, and as much pizza, pasties and sausage rolls as they could eat! Lily and Dave were great hosts, and we had further events here in the beginning stages of planning before they unfortunately had to close their doors this Autumn. Other venues are currently being identified to provide similar evenings next year.

Monthly meet ups

These began in the Spring, and provide an informal opportunity to meet fellow members and chat about all sorts of topics - bike and non-bike related! They occur on the last Friday of each month at 7:30pm in a central Newbury pub. Venues this year have included the Bakers Lounge, Elephant at the Market and The Dolphin, and have attracted a different group each month of between 2 and 14 members. These meet ups will continue and Pub requests are taken, so if anyone has any recommendations for next year, please get in touch. Details of the monthly meet ups appear on SPOND approximately a week before the event, with RSVPs being encouraged but not necessary (RSVPs have given me an indication of numbers so I can reserve a big enough table, however I actively encourage members to drop in on the night should they find themselves free). I believe it is important that these meet ups remain relaxed and informal, providing all members, but especially new members and their partners, the chance to engage with the club in a different way, and form friendships off the bike.

Summer BBQ

Due to a prior booking at Boxford Village Hall, this was the first year the club BBQ was held at Henwick Fields. The separate venues for the Open TT and BBQ could have resulted in low numbers, however turnout was good, with approximately 40 members dropping in over the course of the afternoon for a hot dog and a chat. Holding the BBQ next to our club container allowed for the tandems to be easily accessed for any members and family members wanting a go, with club tandem pilots springing into action when required. We also had use of the clubhouse toilets and kitchen, and so a good venue option to consider for next year.

Christmas meal

The traditional Newbury Velo Christmas curry night is (at time of writing) this coming Friday at the Gurkha Chef in town. As with all other social events, partners and older children are welcome, even if not members.

Awards Evening

The Awards Evening will be held on Saturday 3rd February at the Bowlers Arms, and will celebrate the achievements of club members over the last year. We will have exclusive use of the upstairs room, with our own bar for the night and food also provided. Further details will be sent out shortly, so watch out for the email!

Thank you to everyone who has supported social events this year – it has been great to meet so many of you, and to be able to facilitate events which provide the opportunity for club members to chat, laugh, and support each other. They have demonstrated to me that this club is about a lot more than just riding bikes, but an inclusive community of bloomin' lovely people.

Hope to see lots of you next year at the socials – as always, please get in touch if you have any feedback, or ideas for future events

Lisa Boorman

Kit update, Simon Bowden



The club's kit shop is provided by Kalas Sportswear, a respected manufacturer and distributor of custom cycling apparel in Central and Northern Europe. Kalas has a rich cycling heritage and prides itself on top-quality products. The shop has been opened four times this year, and each occasion has seen good support. Following the change in the ordering system in 2022, around 70% of kit orders are now delivered directly to members' homes.

The club offers a discount of either 5% (for junior members) or 10% (for adult members) on their first jersey orders when they become a member. The club pays for this discount and has been taken up every time the shop has opened.

In addition to the Kalas kit shop, the club has kit available all year round on a made-to-order basis from NoPinz. This premium alternative is advertised when the Kalas shop opens, and NoPinz offers club kit discounts.



Kalas is currently working with the club to design a vintage-style jersey that will be worn by our vintage steelie riders when they take out the old 531 bikes from days gone by.

The club also launched digital membership cards that are compatible with Apple Wallet. Members who opt for the digital card will have it on their phones. The club hopes to use these cards for discounts at participating coffee shops or cycling outlets. However, that has yet to be achieved.

In 2022, the club tried to gain traction in 'Off the Bike Kit' with limited support to enable bulk orders. In 2023, they launched a print-on-demand site in partnership with Go-Custom Clothing on the Etsy platform. This facility has been well received, with nearly 30 orders placed. The club mugs have been the most popular item. The Etsy shop is currently closed while they explore options for managing orders directly from their website and Facebook pages. This change will allow the club to save on Etsy fees and slightly reduce the cost of the items.

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Kit for 'Off the Bike'

Member's Shop



The club has a small stock of arm warmers available for purchase and collection from their representative. Stock is now very limited, so please get in touch with Simon if you want to buy some.

Simon Bowden
clubkit@newburyvelo.cc

Treasurers report, Ian Greenstreet



This fiscal year saw the accounts return to a surplus of £4,836 compared to the deficit of £4,163 for the FY2021/22 period (the deficit was purely due to the purchase of the storage container and tandems which continue to be invaluable assets for the club supporting coaching, racing and other club events). The club maintains a healthy cash balance.

Income and expenditure breakdown

Membership fees: membership fees are slightly up on last year with £4,836 (FY2021/22: £4,642) which reflects the growth in club membership.

Club time trials: A decrease in entry numbers and several event cancellations resulted in a reduced income from club time trials of £1,162 (FY2021/22: £1,593).

Open time trials: Open time trials generated an income of £1,620, with associated expenditures reaching £1,060.

Coaching: The club coaching yielded an income of £915.86. There was associated expenditure of £1,445 incurred for the funding of new coaches and first aid courses.

Clothing: Simon Bowden's commendable efforts led to the successful sale of the majority of stock clothing accessories, generating £480 in income. The club also paid out £153 in vouchers to new members purchasing kit for the first time.

Social: The club spent £953 on various social events, offset by an income of £400. This encompasses social gatherings and events, including the complimentary BBQ for members and guests, incurring a cost of £180.

Other expenditure: No significant items to report in this category.

Website: Website-related costs amounted to only £108 due to an oversight where the costs had not been claimed. These will now appear in next year's accounts.

Club Assets: The only notable acquisition this year was a projector for use at events, incurring a cost of £161.

Summary

The club stands in a favourable financial position, capable of supporting cycling activities for both its members and the broader cycling community. The committee's adept management of expenditures contributes to the overall stability of the club's finances. Special appreciation is extended to Fiona Hawkins for diligently auditing the accounts.

Income and Expenditure Statement		
Year ended 31st October	2023	2022
	£	£
Income		
m'bership	4836.28	4642
Track	148.54	338
Total TT	2782.42	2455.16
Good Exchange	0	1000
Clothing	488.51	0
Social	400.23	
Coaching	951.25	915.86
Other	0	0
Cx	0	700
	9607.23	10051.02
Expenditure		
Affiliations	274	89
Track	265	670
Total TT	1060	2002.55
Good Exchange	0	0
Clothing	153.69	1009.81
Social	953.83	607.47
Other	137.58	270.88
Coaching	1445	1312.2
Storage	0	5159.73
Web site	108.85	570.56
Equipment	257.78	0
Tandems	45	2575.64
Surples/Deficit	4,907	(4,217)
Bank Balance and assets		
Current account 31/10/2022	£ 11,603.38	
Surplus Cash	4,907	
Current account 31/10/2023	£ 16,452.28	
Total Assets inc kit	£ 8,146.83	
Total Cash & Assets	£ 24,599.11	

The 2023 Committee

Position	Person	Proposer	Second
President	Kevin Hurley	Rachael Elliott	James Avison
Chair	Simon Bowden	Ian Greenstreet	Beckie Hamilton
Vice Chair	Andy Jones	Rachael Elliott	Chris Dace
Secretary	Helen Dace	Rachael Elliott	James Avison
Treasurer	Ian Greenstreet	Simon Bowden	Melanie Sneddon
Race lead	Rachael Elliott	Chris Dace	Simon Bowden
Participation	Chris Dace & Andy Jones	James Avison	Rachael Elliott
Women's Participation Lead	Lizzie Lock	Rachael Elliott	Lisa Boorman
Welfare & Safeguarding Officer	Simon Bowden	Rachael Elliott	Melanie Sneddon
Comms Director	James Avison	Beckie Hamilton	Ian Greenstreet
Head Coach	Melanie Sneddon	Rachael Elliott	James Avison
Kit Shop Manager	Simon Bowden	Ian Greenstreet	Rachael Elliott
Social Secretary	Lisa Boorman	Rachael Elliott	James Avison
Go-Ride Lead	Melanie Sneddon	Simon Bowden	Becky Hamilton

Motions

Motion	Proposer	Votes	
		For	Against
<p>1. Modification to constitution Under point 5.a) i) change to read:</p> <p>i. The affairs of the Club shall be conducted by a Committee which shall consist of the Chair, Treasurer, Secretary, Communications Secretary, Racing Director, Coaching Lead, Participation Secretary, Kit Secretary, Social Secretary, Women's Lead, and Welfare Officer, who shall be elected at the Annual General Meeting.</p> <p><i>Reason: Updated to reflect current roles on the committee; added Kit Secretary, Social Secretary and Women's Lead.</i></p>	Rachael Elliott		
<p>2. Club membership fees 2024 The club has sufficient revenue-generating activities to maintain its current cash reserve. Therefore, the club proposes keeping its fees the same as 2023:</p> <p>Adult: £20pa; Junior: £10pa; Velomite (U8): £1pa</p>	Rachael Elliott		
<p>3. Time trial fees 2024 The CTT (national time trialling body) currently takes levies of £3 per rider per event. In order to continue to promote time trials and outperform the national decline in racing, the club intends to keep the fee of £5 (members)/£6 (non-members) for the 2024 racing season.</p>	Rachael Elliott		

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or visit: www.newburyvelo.cc
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